

SETAI SPA

SEA OF GALILEE



IMPORTANT GENERAL INFORMATION

We recommend making a reservation before arriving, to ensure your spa booking and to speak with one of our consultants about the various treatments.

The treatment price includes admission to the Spa and its facilities (within opening hours).

For your comfort and convenience, please arrive fifteen minutes before your appointment time.

We suggest coming over earlier to enjoy all the facilities our Spa has to offer.

In order to fully enjoy the Spa experience, we ask that you turn off all cellular devices and maintain quiet in the Spa area.

If you need to cancel a treatment, please notify us at least eight hours in advance. Guests who cancel without advanced notice or who do not show up, will be charged 50% of the price of the scheduled treatment.

We are happy to provide you with a personal locker containing Spa accessories.

The management is not responsible for any loss or damage to valuable property.

The treatments offered are subject to change.

Guests must sign a health declaration before entering the treatment area.

Entry to the Spa is permitted only for guests aged 16 and up.

Gratuities may be given at your discretion.

There is a surcharge for treatments given on weekends (Friday and Saturday), holidays and summer vacation

FOR MORE INFORMATION

Please call the Spa Reception Desk at 04-8432410 or dial 410 from your hotel room. and e-mails may be sent to spa@thesetai.com

HALLEL

A celebration of western techniques, combining a classic Swedish massage- relaxing, pampering and soft, with a deep tissue massage- slow, deep, and focused in every movement.

KARMA

A blend of two powerful energetic treatments, the chakra massage and Ayurveda. During the Ayurveda treatment, the therapist uses crystals dipped in hot oil.

COCOON

Peeling with a variety of fragrances for you to choose from, combined with a caressing Swedish massage – a perfect trio of cleansing, shaping and nourishing the skin.

Choose from a variety of luxurious extras to complete your experience. You are welcome to consult with our treatment coordinator to decide what is most suitable for you for each treatment.

Heated stones | Heated towels | Therapeutic musical instruments | Additional treatment time | Additional therapist | Traditional foot peeling before the treatment begins | Treatments for two in a Couples treatment room | Meals (breakfast, lunch, dinner)

ERELLE

An inspiring blend of Ayurveda, which focuses on rounded, soft movements and heated stones – combining the heat and power of the stones with the therapist's own power and strength.

PEELMA

Body scrub with a variety of fragrances, and aromatherapy massage. The treatment combines fragrances, textures and gentle massage to relax body and soul.

HEAVEN AND EARTH

A special connection between Mother Earth – a reflexology treatment at a number of points on the foot and Heaven – a relaxing scalp treatment that makes you want to give in and let go.

SHVIANDA

Classic Swedish massage combined with Thai and shiatsu pressure points, on a special luxurious heated massage table.

TOP TO TOP

A facial beauty treatment combined with a scalp massage. This treatment is a rich experience for the scalp and face, leaving the facial skin beautiful and glowing.

TREATMENTS & BLENDS

A combination of various treatments in one. These blends have been specially chosen to showcase a variety of techniques to grant you the ultimate experience of pampering.



BODY REJUVENATION:

The perfect treatment for pampering your skin. It begins with a body scrub with wonderful, invigorating fragrances and various textures for you to choose. Then a brief, relaxing massage to restore vitality to your skin's natural appearance. The treatment renews the skin cells and gives the body a thorough cleansing, leaving the skin smooth as silk, and feeling fresh, clean, and rejuvenated.

SCULPTING AND SHAPING:

This treatment cleanses and renews the skin with the aid of salt crystals, oils and grapefruit, leaving the skin smooth and stimulating blood flow for a long-lasting refreshed feeling. It is especially good for areas with cellulite and for circumference reduction.

BODY WRAPPING:

Warmly wrapping the body with mineral-rich sea algae, this technique helps nourish and moisturize the skin and increase blood circulation to remove toxins, leaving skin feeling glowing and renewed.

CLEANSING AND PURIFYING TREATMENT:

A gentle facial cleansing treatment for all skin types. A delicate peeling drains the day's residue from the skin and a soothing mask softens the pores, leaving facial skin clean, bright and glowing.

MOISTURIZING TREATMENT:

The perfect invigorating treatment for tired skin. The treatment provides powerful reinforcements for renewing the skin's natural vitality and boosts anti-aging and boosts its anti-aging properties.

CASA TURKISH HAMMAM MASSAGE

This treatment will stimulate you and leave you feeling thoroughly exhilarated and carefree. It includes all the elements of the traditional turkish experience: massage, scrub and cleaning of the body in a authentic hammam. Available in a- 40 minute session only.



BODY & SCALP

The most nourishing treatments await you here: firming, shaping, sculpting and beauty treatments that give the face and body a natural glow and a healthy look.





REFLEXOLOGY

An ancient foot massage technique, combined with the application of pressure to release the tensions of daily life. A pinpoint treatment of the feet, which bear all our body weight, immediately relieves our feet and has a long-lasting effect on the entire body. The treatment is both enjoyable and helps with pain.

AROMATHERAPY

A soft, gentle and caressing massage using aromatic oils produced from plants and blended especially for you. The massage awakens the senses and conjures tranquil destinations. You can choose from a variety of wonderfully fragrant oils naturally endowed for relaxation, vitality, renewal and nourishment.

POINTS

A gentle extremity massage of scalp, hands and feet. The treatment, which includes the application of pressure, relieves muscle pain and improves blood circulation until the desired result is reached – a feeling of utter relaxation.

MASSAGE FOR PREGNANT WOMEN

This gentle, caressing massage reduces the feeling of heaviness during pregnancy, relaxes and supports all of the body's systems. Available in a- 50 minute session only, from week 16 onwards.

SHIATSU

Using this legendary Japanese method, the therapist's fingertips generate pressure along the body's various meridians to relax all of the body's systems. (The treatment takes place on a mat, with comfortable clothing.)

TRADITIONAL THAI

This ancient healing art uses pressure and stretching and improves the body's flexibility. The treatment focuses on releasing blockages and adjusting the body's energy. (It takes place on a mat, with comfortable clothing.)

HOT STONES

The natural healing power of Mother Earth merges with the skilled hands of the therapist for a warm and caressing treatment with heated basalt stones dipped in sesame oil and aromatic oils. The therapist uses basalt stones of various shapes and sizes in massage movements, leaving the body with relaxed muscles and a pleasant sensation of warmth.

AYURVEDA

A traditional Indian treatment with hot sesame oil and relaxing massage techniques along all the body's energy channels, including anointing the "third eye" with sesame oil and a pampering scalp massage. (The treatment is provided without clothing and with appropriate covering.)

SIGNATURE TREATMENT

A powerful treatment that uses the best fragrances and textures. The massage uses crystals and the highest-quality Spa products chosen just for you to restore your skin's natural vitality.

CHAKRA MASSAGE

An energetic treatment that includes massaging the chakra's energy canals, creating balance among the body's systems: foot and back massages, placing crystals on the body's energy centers, a scalp massage and a holistic massage. The treatment joins the basic principles of traditional Chinese medicine with advanced Western methods.

THE POWER OF TENDERNESS

A relaxing energetic treatment provided by moving the body, using ancient healing methods. The therapist uses no oil, transferring energy by means of "rocking" heat, guided imagery and Reiki to create a sense of balance and maximum serenity.

CLASSIC SWEDISH

Classic European massage to relieve aching muscles and release tension. The therapist uses a variety of massage techniques all along the body to promote the flow of renewed energy, warmth and softness.

DEEP TISSUE

A slow, deep and focused treatment on extensive body areas of your choice. Focused pressure and massage movements are used to reach deep areas of the body, relieve tension and release seized-up muscles. This powerful treatment will leave you feeling light and free.

EMBRACE

Our treatments are relaxing, deep, focused and tailored to your body. We use the highest quality ingredients to pamper you only and provide a complete sensory experience.



WALK IN. FLOAT OUT.

In peaceful and quiet surroundings, we have created a one-of-a-kind spa for you at the Setai- sea of Galilee. In this luxurious setting, we would like to give you an experience that transcends time, full of quiet moments and serenity. Our specially composed treatment menu provides you with an opportunity to discover a wide variety of treatments in a single experience. You no longer have to choose - now you can enjoy all our spa has to offer.

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A couple is relaxing in a spa setting. They are lying on their backs on a light-colored towel. The woman is on the left, and the man is on the right. Both have their eyes closed and appear to be in a state of relaxation. In the background, there is a round wooden tray containing two lit candles and a small jar, surrounded by yellow flower petals. A single yellow flower is also scattered on the towel near the couple. The overall atmosphere is calm and serene.

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THE SPA MENU



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